

# ABC UNIFIED SCHOOL DISTRICT

Apr 9, 2018 thru Apr 30, 2018

Base Menu Spreadsheet

After School Snack

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 04/09/2018										
After School Snack	Total	1								
MILK - 1% WHITE- ALL SCHOOLS	1/2 Pint	1	120	10	150	0.00	10.0	14.0	2.5	1.50
CRISPS-CINNAMON	PKG	1	150	0	140	2.00	3.0	25.0	5.0	0.50
Weighted Daily Average			270	10	290	2.00	13.00	39.00	7.50	2.00
% of Calories							19.3%	57.8%	25.0%	6.7%
Nutrient Guideline			0						<=35.0	<10.00

Tue - 04/10/2018										
After School Snack	Total	1								
JUICE - ASSORTED 6oz	1	1	83	0	22	0.00	0.75	21.75	0.0	0.00
CHEX, SIMPLY-CHOCOLATE CARAMEL	POUCH	1	120	0	65	2.00	2.0	21.0	4.0	1.00
Weighted Daily Average			203	0	87	2.00	2.75	42.75	4.00	1.00
% of Calories							5.4%	84.4%	17.8%	4.4%
Nutrient Guideline			0						<=35.0	<10.00

Wed - 04/11/2018										
After School Snack	Total	1								
CHEESE STICK, RF, COLBY JACK	1 EACH	1	90	20	200	0.00	7.0	0.0	6.0	4.00
FRUIT: ASSRTD CANNED- AFTERSCH	SERVINGS	1	94	0	14	1.43	0.5	24.03	0.0	0.00
Weighted Daily Average			184	20	214	1.43	7.50	24.03	6.00	4.00
% of Calories							16.3%	52.3%	29.4%	19.6%
Nutrient Guideline			0						<=35.0	<10.00

Thu - 04/12/2018										
After School Snack	Total	1								
JUICE - ASSORTED 6oz	1	1	83	0	22	0.00	0.75	21.75	0.0	0.00
CRACKER, GOLDFISH PRETZELS	1 EACH	1	90	0	200	1.00	2.0	16.0	1.5	0.00
Weighted Daily Average			173	0	222	1.00	2.75	37.75	1.50	0.00
% of Calories							6.4%	87.5%	7.8%	0.0%
Nutrient Guideline			0						<=35.0	<10.00

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\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Fri - 04/13/2018										
After School Snack	Total	1								
MILK - 1% WHITE- ALL SCHOOLS	1/2 Pint	1	120	10	150	0.00	10.0	14.0	2.5	1.50
MUFFIN - CHOCOLATE	1 EACH	1	113	31	185	1.70	2.5	17.0	4.3	0.90
Weighted Daily Average			233	41	335	1.70	12.50	31.00	6.80	2.40
% of Calories							21.5%	53.2%	26.3%	9.3%
Nutrient Guideline			0						<=35.0	<10.00

Mon - 04/16/2018										
After School Snack	Total	1								
MILK - NONFAT CHOC -ALL SCHS	1/2 Pint	1	120	5	150	0.00	8.0	22.0	0.0	0.00
CRACKER, GOLDFISH GRAHAM, CINN	1 EACH	1	120	0	110	1.00	1.0	19.0	4.0	1.00
Weighted Daily Average			240	5	260	1.00	9.00	41.00	4.00	1.00
% of Calories							15.0%	68.3%	15.0%	3.7%
Nutrient Guideline			0						<=35.0	<10.00

Tue - 04/17/2018										
After School Snack	Total	1								
FRUIT: ASSRTD CANNED- AFTERSCH	SERVINGS	1	94	0	14	1.43	0.5	24.03	0.0	0.00
CHEESE STICK, RF, COLBY JACK	1 EACH	1	90	20	200	0.00	7.0	0.0	6.0	4.00
Weighted Daily Average			184	20	214	1.43	7.50	24.03	6.00	4.00
% of Calories							16.3%	52.3%	29.4%	19.6%
Nutrient Guideline			0						<=35.0	<10.00

Wed - 04/18/2018										
After School Snack	Total	1								
JUICE - ASSORTED 6oz	1	1	83	0	22	0.00	0.75	21.75	0.0	0.00
CHEX, SIMPLY-CHOCOLATE CARAMEL	POUCH	1	120	0	65	2.00	2.0	21.0	4.0	1.00
Weighted Daily Average			203	0	87	2.00	2.75	42.75	4.00	1.00
% of Calories							5.4%	84.4%	17.8%	4.4%
Nutrient Guideline			0						<=35.0	<10.00

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Thu - 04/19/2018										
After School Snack	Total	1								
FRUIT: ASSRTD CANNED- AFTERSCH	SERVINGS	1	94	0	14	1.43	0.5	24.03	0.0	0.00
CHEESE STICK, RF, COLBY JACK	1 EACH	1	90	20	200	0.00	7.0	0.0	6.0	4.00
Weighted Daily Average			184	20	214	1.43	7.50	24.03	6.00	4.00
% of Calories							16.3%	52.3%	29.4%	19.6%
Nutrient Guideline			0						<=35.0	<10.00

Fri - 04/20/2018										
After School Snack	Total	1								
JUICE - ASSORTED 6oz	1	1	83	0	22	0.00	0.75	21.75	0.0	0.00
SUNFLOWER KERNELS, HONEY ROAST	SERVING	1	170	0	65	2.00	4.0	7.0	15.0	1.50
Weighted Daily Average			253	0	87	2.00	4.75	28.75	15.00	1.50
% of Calories							7.5%	45.5%	53.5%	5.3%
Nutrient Guideline			0						<=35.0	<10.00

Mon - 04/23/2018										
After School Snack	Total	1								
MILK - 1% WHITE- ALL SCHOOLS	1/2 Pint	1	120	10	150	0.00	10.0	14.0	2.5	1.50
CRISPS-CINNAMON	PKG	1	150	0	140	2.00	3.0	25.0	5.0	0.50
Weighted Daily Average			270	10	290	2.00	13.00	39.00	7.50	2.00
% of Calories							19.3%	57.8%	25.0%	6.7%
Nutrient Guideline			0						<=35.0	<10.00

Tue - 04/24/2018										
After School Snack	Total	1								
JUICE - ASSORTED 6oz	1	1	83	0	22	0.00	0.75	21.75	0.0	0.00
CHEX, SIMPLY-CHOCOLATE CARAMEL	POUCH	1	120	0	65	2.00	2.0	21.0	4.0	1.00
Weighted Daily Average			203	0	87	2.00	2.75	42.75	4.00	1.00
% of Calories							5.4%	84.4%	17.8%	4.4%
Nutrient Guideline			0						<=35.0	<10.00

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Wed - 04/25/2018										
After School Snack	Total	1								
CHEESE STICK, RF, COLBY JACK	1 EACH	1	90	20	200	0.00	7.0	0.0	6.0	4.00
FRUIT: ASSRTD CANNED- AFTERSCH	SERVINGS	1	94	0	14	1.43	0.5	24.03	0.0	0.00
Weighted Daily Average			184	20	214	1.43	7.50	24.03	6.00	4.00
% of Calories							16.3%	52.3%	29.4%	19.6%
Nutrient Guideline			0						<=35.0	<10.00

Thu - 04/26/2018										
After School Snack	Total	1								
JUICE - ASSORTED 6oz	1	1	83	0	22	0.00	0.75	21.75	0.0	0.00
CRACKER, GOLDFISH PRETZELS	1 EACH	1	90	0	200	1.00	2.0	16.0	1.5	0.00
Weighted Daily Average			173	0	222	1.00	2.75	37.75	1.50	0.00
% of Calories							6.4%	87.5%	7.8%	0.0%
Nutrient Guideline			0						<=35.0	<10.00

Fri - 04/27/2018										
After School Snack	Total	1								
MILK - 1% WHITE- ALL SCHOOLS	1/2 Pint	1	120	10	150	0.00	10.0	14.0	2.5	1.50
MUFFIN - CHOCOLATE	1 EACH	1	113	31	185	1.70	2.5	17.0	4.3	0.90
Weighted Daily Average			233	41	335	1.70	12.50	31.00	6.80	2.40
% of Calories							21.5%	53.2%	26.3%	9.3%
Nutrient Guideline			0						<=35.0	<10.00

Mon - 04/30/2018										
After School Snack	Total	1								
MILK - 1% WHITE- ALL SCHOOLS	1/2 Pint	1	120	10	150	0.00	10.0	14.0	2.5	1.50
CRISPS-CINNAMON	PKG	1	150	0	140	2.00	3.0	25.0	5.0	0.50
Weighted Daily Average			270	10	290	2.00	13.00	39.00	7.50	2.00
% of Calories							19.3%	57.8%	25.0%	6.7%
Nutrient Guideline			0						<=35.0	<10.00

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Average			216	12	215	1.63	7.59 14.1%	34.29 63.5%	5.88 24.5%	2.02 8.4%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	216		0					
Cholesterol (mg)	12							
Sodium (mg)	215						215	
Fiber (g)	1.63							
Protein (g)	7.59	14.06%						
Carbohydrate (g)	34.29	63.49%						
Total Fat (g)	5.88	24.50%	<=35.00%					
Saturated Fat (g)	2.02	8.41%	<10.00%					

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