

# ABC UNIFIED SCHOOL DISTRICT

No.	Description	Portion Size	Carbohydrates (Grams)
<b>2016</b>			
000997	ALFREDO CHICKEN BAKE	SERV	56.05
000462	APPLESAUCE: COMMODITY	PORTION	16.00
001027	APRICOT, FROZEN 4.5 OZ CUPS	SERVING	25.00
000990	ASIAN CHIX LEG & FRD RCE MS HS	SERVINGS	54.81
000956	BBQ PORK W/MASHED POTATO- HS	SERVING	35.74
000459	BBQ SAUCE PACKET- ALL SCHOOLS	PORTION	4.00
000954	BEANS, BBQ-E.S., M.S.	SERVING	38.82
000820	BEANS, RANCHERO-E.S., M.S.	SERVING	14.22
000985	BEEF CHILI- ES	PORTION	17.52
001015	BREAKFAST BURRITO - BACON HS	EACH	41.44
001014	BREAKFAST BURRITO - EGG- H.S.	EACH	41.81
000995	BREAKFAST BURRITO -CHORIZO-H.S	EACH	41.97
000190	BREAKFAST BURRITO-SAUSAGE- H.S	EACH	38.81
000907	BREAKFAST PIZZA- ES, MS	EACH	29.02
000938	BREAKFAST SANDWICH - MS, HS	EACH	20.00
001011	BREAKFAST WRAP - ES, MS	EACH	16.33
000668	BRKFST BAR, BAN CHOC-E.S, M.S.	EACH	48.00
000658	BROCCOLI W/CHEDDAR-E.S.,M.S.	SERV	5.44
000909	BURRITO, BEAN & CHSE- ALL SCHS	EACH	56.00
000307	CARROTS- ALL SCHOOLS	bag	7.01
001002	CELERY, ELEMEN	2.3 oz	1.94
000371	CEREAL, ASSORTED-ALL SCHOOLS	EACH	50.75
000881	CHEESE PIZZA SLIDERS- ES	EACH	29.91
000991	CHEESEBURGER TWINS- E.S&M.S.	each	31.30
000737	CHEESEBURGER- E.S.- old	each	32.40
000144	CHEESEBURGER- H.S.	SANDWICH	29.10
000773	CHEESY BEEF NACHOS- HS	EACH	46.17
000457	CHICKEN BA MINH - HS	EACH	22.26
000983	CHICKEN DRUMSTICK - E.S.	EACH	5.00
001024	CHICKEN DRUMSTIX & ROLL - H.S.	EACH	33.00
000789	CHICKEN FAJITAS- E.S.	EACH	23.19
000818	CHICKEN NUGGETS- E.S.	SERVING	16.25
000955	CHICKEN W/MASHED POTATO- HS	SERVING	36.68
000887	CHIX PATTY SANDWICH- E.S.	SANDWICH	44.02
000987	CHIX W/MASHED POT & GRAVY -ES	SERVING	19.99
000929	CINNAMON ROLL- ES, MS	EACH	43.00
000944	COOKIE DAY - ALL SCHOOLS	EACH	19.82
000901	COOKIE, MINI CHOC CHIP- MS	EACH	22.00
000803	CORN, CANNED- ALL SCHOOLS	SERV	15.24
000823	DRESSING, FRENCH	OZ	6.40
000769	DRESSING, ITALIAN- HS	PACKET	1.20
000723	DRESSING, PIZZA SALAD	OZ	0.16
000765	DRESSING, RANCH- ALL SCHOOLS	PACKET	1.05
000925	DRESSING, SMOKEY RANCH	GALLON	256.01
000932	ENCHILADA CHIX W/ RICE-ES	EACH	36.15
000976	FREEZIE FRUIT SLUSHIE- MS	SERVING	16.88
000709	FRENCH TOAST STIX - BRKFST-HS	1 SERVING	25.63
000903	FRENCH TST STIX CINN -LUNCH-ES	1 SERVING	29.01
000667	FRUIT: ASSORTED DRIED-ALL SCHS	SERVINGS	28.43
000245	FRUIT: ASSORTED FRESH-ALL SCHS	EACH	18.99
000142	FRUIT: ASSRTD CANNED- ALL SCHS	SERVINGS	17.85
000849	FUN PACK MEAL- ES	EACH	36.86
000937	GO 'BONZO'S - HS	EACH	24.00
000958	GOLDFISH, H&S CHEDDAR-ES, MS	EACH	29.00
000300	HAMBURGER- HS	SANDWICH	28.87
000162	HOT DOG, CHICKEN- ES	SERVING	34.00
001010	HOT DOG, TURKEY - ES	SERVING	31.00
000657	JICAMA STICKS-ES	CUP	6.00
000309	JUICE - ASSORTED-MS	1	14.95
000340	KETCHUP- ALL SCHOOLS	PACKET	2.12

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data*

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000989	KOREAN BBQ PORK SLIDERS	SERVING	48.76
000998	KOREAN BBQ PORK TACOS	SERVING	44.76
000792	LETTUCE, ROMAINE- ES	SERV	1.40
000847	MARINARA SAUCE- ES	PORTION	19.83
000070	MAYONNAISE- ALL SCHOOLS	packet	2.00
000988	MEATLOAF W/MASHED POTATO - HS	SERVING	38.68
000242	MILK - 1% WHITE- ALL SCHOOLS	1/2 Pint	14.00
000243	MILK - NONFAT CHOC -ALL SCHS	1/2 Pint	22.00
000926	MILK - NONFAT WHITE- ALL SCHS	1/2 Pint	12.00
000906	MINI MAPLE PANCAKES- ALL SCHS	3 OZ	36.00
001026	MIXED FRUIT, IN JUICE, JACK PO	SERVING	11.25
000848	MOZZARELLA BREAD STICK-ES	EACH	30.00
000391	MUSTARD, PACKET-ALL SCHOOLS	EACH	0.50
000842	PANCAKE SAUSAGE STICK- ES	EACH	17.00
000437	PEACHES: COMMODITY	SERVING	17.00
000438	PEARS: COMMODITY	SERVING	20.00
000722	PEPPERONI PIZZA SALAD- ES, MS	each	4.32
000886	PIZZA WEDGE, PEPPERONI- ES	EACH	34.00
001016	PIZZA, PAPA J CHEESE- ES, MS	SLICE	40.00
001017	PIZZA, PAPA J CHEESE- HS	SLICE	49.00
001018	PIZZA, PAPA J HAWAIIAN- HS	SLICE	52.00
001019	PIZZA, PAPA J HAWAIIAN- MS	SLICE	42.00
001020	PIZZA, PAPA J PEPP- MS	SLICE	40.00
001021	PIZZA, PAPA J PEPPERONI- HS	SLICE	49.00
001022	PIZZA, PAPA J VEGGIE- HS	SLICE	53.00
001023	PIZZA, PAPA J VEGGIE- MS	SLICE	41.00
000986	PORK W/MASHED POT & GRAVY -ES	SERVING	19.99
000736	POTATO BAKED W/TACO & CHSE-HS	EACH	64.93
000808	POTATO SALAD - HS	EACH	18.00
000809	POTATO TOTS- ALL SCHOOLS	EACH	19.99
000854	RIB-B-QUE, PORK- MS	EACH	40.00
000946	RICE & BEANS - SPECIAL MEAL	SERV	63.08
000859	RICE BOWL, ORANGE CHIX- HS	each	68.70
000733	RICE BOWL, TERIYAKI CHIX - HS	each	63.70
000902	ROASTED BBQ CHIX- MS	EACH	36.33
000984	ROLL, WHOLE WHEAT- ES	EACH	28.00
000361	ROLL: WHOLE WHEAT- HS	Each	28.00
000869	SALAD, HAND TOSSED- HS	EACH	61.98
000725	SALSA - ALL SCHOOLS	SERVING	7.94
000386	SANDWICH, PBJ - MS & HS	SANDWICH	33.42
001013	SANDWICH, PBJ, UNCRUSTABLE 5.3	EACH	64.00
000726	SANDWICH,GRILLED CHEESE- ES,MS	EACH	31.16
000970	SAUCE, SWEET & SOUR- ES	SERVING	12.00
000788	SIDE SALAD - MS, HS	EACH	4.18
000127	SPICY CHIX SANDWICH-MS, HS	SANDWICH	39.87
000816	SPINACH SALAD- ES, MS	each	10.72
000911	TAMALE, PORK & CHEESE- MS	EACH	53.76
000005	TERIYAKI BEEF W/RICE- ELEM	each	46.62
000996	TERIYAKI GLAZE	TBSP	9.75
000395	TORTILLA CHIPS - HS	OZ	19.22
000856	TURKEY TACO EMPANDAD- ES	EACH	40.00
000891	WAFFLE, MAPLE- ALL SCHOOLS	EACH	42.00
000839	WESTERN BURGER - HS	SANDWICH	41.55
000951	WHITE BEAN CHILI W/DORRITOS ES	SERVING	61.49
000899	YOGURT & BAR (GREEK) - HS	EACH	38.00
000900	YOGURT & BAR (REGULAR) - HS	EACH	43.00

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