

Middle Breakfast

Mon - 08/27/2018	Portion Size	G Carb
CINNAMON ROLL- ES, MS	1 EACH	46.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Tue - 08/28/2018	Portion Size	G Carb
PANCAKES, MINI MAPLE-	3 OZ	36.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Wed - 08/29/2018	Portion Size	G Carb
BREAKFAST SANDWICH-	1 EACH	16.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Thu - 08/30/2018	Portion Size	G Carb
PANCAKES, MINI MAPLE-	3 OZ	36.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Fri - 08/31/2018	Portion Size	G Carb
CINNAMON ROLL- ES, MS	1 EACH	46.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Tue - 09/04/2018	Portion Size	G Carb

PANCAKES, MINI MAPLE-	3 OZ	36.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Wed - 09/05/2018	Portion Size	G Carb
BREAKFAST SANDWICH-	1 EACH	16.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Thu - 09/06/2018	Portion Size	G Carb
PANCAKES, MINI MAPLE-	3 OZ	36.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Fri - 09/07/2018	Portion Size	G Carb
CINNAMON ROLL- ES, MS	1 EACH	46.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Mon - 09/10/2018	Portion Size	G Carb
CINNAMON ROLL- ES, MS	1 EACH	46.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Tue - 09/11/2018	Portion Size	G Carb
PANCAKES, MINI MAPLE-	3 OZ	36.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24

MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Wed - 09/12/2018	Portion Size	G Carb
BREAKFAST SANDWICH-	1 EACH	16.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Thu - 09/13/2018	Portion Size	G Carb
PANCAKES, MINI MAPLE-	3 OZ	36.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Fri - 09/14/2018	Portion Size	G Carb
CINNAMON ROLL- ES, MS	1 EACH	46.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Mon - 09/17/2018	Portion Size	G Carb
CINNAMON ROLL- ES, MS	1 EACH	46.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Tue - 09/18/2018	Portion Size	G Carb
PANCAKES, MINI MAPLE-	3 OZ	36.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Wed - 09/19/2018	Portion Size	G Carb

BREAKFAST SANDWICH- SANDWICH, PBJ - MS & HS	1 EACH SANDWICH	16.00 32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Thu - 09/20/2018	Portion Size	G Carb
PANCAKES, MINI MAPLE- SANDWICH, PBJ - MS & HS	3 OZ SANDWICH	36.00 32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Fri - 09/21/2018	Portion Size	G Carb
CINNAMON ROLL- ES, MS SANDWICH, PBJ - MS & HS	1 EACH SANDWICH	46.00 32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Mon - 09/24/2018	Portion Size	G Carb
CINNAMON ROLL- ES, MS SANDWICH, PBJ - MS & HS	1 EACH SANDWICH	46.00 32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Tue - 09/25/2018	Portion Size	G Carb
PANCAKES, MINI MAPLE- SANDWICH, PBJ - MS & HS	3 OZ SANDWICH	36.00 32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Wed - 09/26/2018	Portion Size	G Carb
BREAKFAST SANDWICH- SANDWICH, PBJ - MS & HS	1 EACH SANDWICH	16.00 32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24

MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Thu - 09/27/2018	Portion Size	G Carb
PANCAKES, MINI MAPLE-	3 OZ	36.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

Fri - 09/28/2018	Portion Size	G Carb
CINNAMON ROLL- ES, MS	1 EACH	46.00
SANDWICH, PBJ - MS & HS	SANDWICH	32.00
BAR, BFAST, BAN CHOC-E.	1 EACH	48.00
CEREAL, ASSORTED-ALL	1 EACH	44.28
FRUIT: ASSORTED FRESH	1 EACH	18.99
FRUIT: ASSORTED DRIED-	SERVINGS	28.43
FRUIT: ASSRTD CANNED-	SERVINGS	18.24
MILK - 1% WHITE- ALL SCH	1/2 Pint	14.00
MILK - NONFAT CHOC -ALL	1/2 Pint	22.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.