

PARENTAL REQUEST FOR A FLUID MILK SUBSTITUTION FOR SCHOOL-AGE CHILDREN

1. Name of School Food Authority	2. Name of School Site	3. Site Telephone Number
4. Name of Student		5. Age or Date of Birth
6. Name of Parent/Legal Guardian		7. Telephone Number ()
<p>8. The above listed student does not have a disability, but is requesting a fluid milk substitute due to a medical or other special dietary need. This form is not intended to accommodate students who drink fluid milk substitutions such as soy milk due to taste preferences. The School Food Authority has the discretion to select a specific brand of milk substitute since acceptable products must meet specified nutrient requirements. Juice cannot be offered as a fluid milk substitute for students with medical or special dietary needs that do not rise to the level of a disability.</p> <p>This written statement will remain in effect until the parent or legal guardian revokes such statement or until the school discontinues the fluid milk substitution option. School districts and agencies participating in federal nutrition programs are encouraged, but not required, to accommodate reasonable requests. The student's parent or legal guardian must sign this form.</p>		
9. Medical or other special dietary need requiring a fluid milk substitution:		
10. Signature of Parent/Legal Guardian	11. Printed Name of Parent/Guardian	12. Date

Please note: When necessary, the information on this form should be updated to reflect the current medical and/or nutritional needs of the student.

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Dear Parent or Guardian,

The USDA gives School Food Authorities the discretion to substitute milk to students that request an accommodation when it does not rise to the level of a disability. This substitute must be nutritionally equivalent to fluid milk and provide specific levels of particular nutrients. Due to this requirement most commonly used milk substitutes would eliminate. ABC Unified School District has opted not to provide a substitute, however as a courtesy we will provide a four ounce juice as an additional fruit component to your child. In addition to the juice, students may choose from all of the additional fruits offered to the other students.

As a reminder, a school lunch consists of five (5) food components:

- Grain
- Meat/meat alternative (protein)
- Fruit
- Vegetable
- Fluid milk

Students must take at least three (3) components, one (1) of which must be a fruit or vegetable. Entrees consist of two components (a grain and a meat/meat alternative) and they may take as many fruits and vegetables as they will eat at lunch. While we are required to offer milk, students are not required to take it.

This written statement will remain in effect until the parent or legal guardian revokes such statement. The student's parent or legal guardian must sign this form. Please be sure to fill out the form entirely, food preferences will not be accommodated.

Sincerely,

Nutrition Services Department
ABC Unified School District
Phone: (562) 926-5566 Ext. 21550