

## PARENTAL REQUEST FOR A FLUID MILK SUBSTITUTION FOR SCHOOL-AGE CHILDREN

1. Name of School Food Authority	2. Name of School Site	3. Site Telephone Number
4. Name of Student		5. Age or Date of Birth
6. Name of Parent/Legal Guardian		7. Telephone Number  (      )
<p>8. The above listed student does not have a disability, but is requesting a fluid milk substitute due to a medical or other special dietary need. This form is not intended to accommodate students who drink fluid milk substitutions such as soy milk due to taste preferences. The School Food Authority has the discretion to select a specific brand of milk substitute since acceptable products must meet specified nutrient requirements. Juice cannot be offered as a fluid milk substitute for students with medical or special dietary needs that <b>do not</b> rise to the level of a disability.</p> <p>This written statement will remain in effect until the parent or legal guardian revokes such statement or until the school discontinues the fluid milk substitution option. School districts and agencies participating in federal nutrition programs are encouraged, but not required, to accommodate reasonable requests.  <b>The student's parent or legal guardian must sign this form.</b></p>		
9. Medical or other special dietary need requiring a fluid milk substitution:		
10. Signature of Parent/Legal Guardian	11. Printed Name of Parent/Guardian	12. Date

Please note: When necessary, the information on this form should be updated to reflect the current medical and/or nutritional needs of the student.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

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To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410; fax: (202) 690-7442; or email: [program.intake@usda.gov](mailto:program.intake@usda.gov). This institution is an equal opportunity provider.



Dear Parent or Guardian,

The USDA gives School Food Authorities the discretion to substitute milk to students that request an accommodation if the reason for the request is not due to a disability but, instead, is due a medical or other special dietary need.

Although ABC Unified School District has opted not to provide a milk substitute which meets the same nutritional requirements as milk, as a courtesy we have agreed to provide juice to students as an alternative liquid, upon parent request.

The juice we provide is four ounces and is considered an additional fruit component to your child's meal.

This written statement will remain in effect until the parent or legal guardian revokes such statement. The student's parent or legal guardian must sign this form. Please be sure to fill out the form entirely, food preferences will not be accommodated.

Sincerely,

Nutrition Services Department  
ABC Unified School District  
Phone: (562) 926-5566 Ext. 21550